Girl Scout Olympics

Planned and organized by Girl Scout Troop 2092
Girl Scouts of the Northwestern Great Lakes
as part of its Silver Award
Go for the Gold!

Sign up today to compete in the

Girl Scout Olympics.

Date: Saturday, Jan. 28, 2012
Time: 6:30-9:30 p.m.
Location: Downtown YMCA, 324 Washington Ave., Oshkosh
Cost: $15 per girl (Includes pizza, troop medals and more), but only $10 per girl if paid by Dec.22, 2011. There is no fee for adults. No registrations accepted after Jan. 12, 2012.

What we'll do: The 2012 Olympics in London don’t start until July. But we'll get into the Olympic spirit early for the first-ever Girl Scout Olympics. We'll begin with our own version of the Olympic Opening Ceremony, and then start the competition!

Girls will compete in various contests, such as Sleeping Bag Relay, Balloon Waddle, Water Noodle Relay, Obstacle Course, etc. Troops will vie for Gold, Silver and Bronze medals in each competition, with medals awarded by age level (Daisy, Brownie, Junior, etc.) Price also includes a 5 x 7 troop photo and use of the YMCA pools from 7-9 p.m. Full details and a schedule will be e-mailed you with confirmation the week of Jan. 16, 2012.

Questions: Call 235-0972 or email write2us@sbcglobal.net

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We want to compete in the Girl Scout Olympics

- Troop #____________________  Leader Name: ________________________________________________
- Troop Level (Daisy, Brownie, etc.) ______________________  Phone ________________________________
- Email: _______________________________________   Address: __________________________________
- No. Girls _______      No. Adults _________           Amt. Enclosed: _______________________________

Checks should be made payable to Troop 2092 & mailed to Barb Benish at 1705 Graber St., Oshkosh, WI 54901.
Troop 2092

GIRL SCOUT OLYMPICS

Proposed Budget
(Based on attendance of 75 girls)

**Fixed Costs**
- Rental of Downtown YMCA (5-10:30 p.m. with event running 6:30-9:30 p.m. and including 2 hours of swimming)—$450.00
- Medals Awarded to Troops (Gold, Silver Bronze for 8 events for each level, or 96 total) Daisy, Brownie, Junior & Cadette — $32.00
- Overall Gold, Silver and Award Medal (Given to top troops overall) — $4 each, or $12.00.
- Shipping of Medals — $10.00
- McDonald Orange Drink

**Total Fixed Costs — $504.00**

**Other costs**
- Troop Photos with Awards (10 troops @ $1.59 each for 5 x 7) — $11.59
- Pizza (24 Dominoes pizzas — half cheese and half cheese & sausage cut into square at $6.50 each) — $156.00
- Tip for Delivery — $20.00
- Cupcake Mix & Frosting (5 Betty Crocker mixes at $1.28 each plus 4 frosting at $1.39 each) — $11.96
- Plates (200 Food Club 6-inch plates for $7.38); cups (160 8-oz Food Club for $6.58) and napkins (99 cents) — $14.95
- Bottled Water — $20.00

**Other costs — $234.50**

**Total estimated costs — $738.50**

*Note: We had 108 girls and 41 adults that actually attended.*
Welcome to the Girl Scout OLYMPICS
Girl Scout Olympics

REGISTRATION
Thank you for attending the 2012 Girl Scout Olympics at the Downtown YMCA, 324 Washington St. Registration begins at 6 p.m. and the Opening Ceremony will begin promptly at 6:30 p.m.

If you have your troop meet you at the YMCA, please make sure that parents stay with their child until you arrive. Once your entire troop is there, stop by the registration table to pick up a packet that will be filled with instructions, your troop’s schedule of events, participation certificates, fun patches and a survey of the event. Please fill out that survey near the end of the night, and leave it on the registration table as you exit.

Girls should wear comfortable clothing and tennis shoes so they can run, jump, and play, as well as bring swim suits and towels for the pool. (You may also want them to bring their sashes or vests for the troop photo and opening and closing ceremonies.) You can drop off coats and other belongings inside the Girls or Boys Locker Room on the first floor or the Women’s Locker Room in the basement. Hooks are also available for coats in the Hoffmaster Gym. We cannot be responsible for lost or stolen items, so please keep your troops’ items together.

Next, go to the Basketball Gym to get your troop picture taken. You should bring a troop flag, banner or sign to use for your picture, as well as for the opening and closing ceremonies. Those banners can be kept in a corner of Hoffmaster Gym during the games.

After your picture has been taken, please go to Hoffmaster Gym where the opening ceremony will be held and follow the instructions of our referees.

Once the ceremony is over, the games begin! Each troop will participate in six events:

- Water Noodle Relay
- Obstacle Course
- Balloon Waddle
- Paddle Challenge
- What A Ball
- Sleeping Bag Roll-up

A schedule will be given out at registration. To keep the event moving smoothly, please follow that. However, we ask for some patience since some troops are small — 4 people — and others are large — up to 13. In addition, if there is a particular event your troop does not want to participate in, that is fine. All we ask if that you let a referee know so we can plan accordingly. If a girl is uncomfortable doing any event, she does not have to do it and your score won’t be affected.

If you finish early or have spare time, you are free to use the pool (open from 6:45-9 p.m.) or Family Prime Time Center. Beginning about 8 p.m., pizza, cake and other refreshments will be offered in the All Purpose Room in the basement.

All Olympic events close at 8:45 p.m. The awards ceremony begins at 9 p.m. in the Basketball Gym, followed by the closing ceremony. The event will end by 9:30 p.m.

If you have any questions before Jan. 28, please contact our leader, Barb Benish, at write2us@sbcglobal.net or 920-235-0972. Otherwise, see you at the games!

Sincerely,
Troop 2092
Expected Troop Orders Through Stations

The troops SHOULD come in the following order. A space means that the two or three troops are scheduled together so one troop may come before or after the other.

**OBSTACLE COURSE**
Brownie Troop 2347
Junior Troop 6172

Junior Troop 2454
Junior Troop 2414
Daisy Troop 2512

Brownie Troop 6209
Junior Troop 2075

Brownie Troop 2064
Junior Troop 2111

Brownie 2340
Junior 2305

Junior 2596
Junior 2147
Brownie 2096

**SLEEPING BAG RELAY**
Brownie 2096
Junior 2596
Junior 2147

Junior 6172
Brownie 2347

Brownie 2096
Junior 2596
Junior 2147

Junior 6172
Brownie 2347

Brownie 2096
Junior 2596
Junior 2147

Junior 2305
Brownie 2340

**WHAT A BALL**
Brownie 2340
Junior 2305

Brownie 2096
Junior 2596
Junior 2147

Brownie 2347
Junior 6172

Junior 2454
Daisy 2512
Junior 2414

Brownie 6209
Junior 2075

Brownie 2064
Junior 2111

**PADDLE CHALLENGE**
Brownie 2064
Junior 2305

Brownie 2340
Junior 2305

Brownie 2096
Junior 2596
Junior 2147

Brownie 2347
Junior 6172

Junior 2454
Daisy 2512
Junior 2414

Brownie 6209
Junior 2075

Brownie 2064
Junior 2111
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General Rules and Things to Know

1.) Most important rule — Have fun!
2.) Stay with your troop, even if you are not participating in an event. If you “lose” your troop, contact one of the refs.
3.) Athletic skills are not required.
4.) Teams will rotate to different stations, but please stay with the order of your schedule.
5.) Troops are judged on average time.
6.) Some events will take longer than other, so please be patient and cheer on your own troop as well as the other competitors.
7.) Cadette Girl Scouts from Troop 2092 will run each activity.
8.) Be a good sport. Please remember this is a fun event — arguing or bossing around the Cadette Girl scouts running the event is not acceptable. We understand mistakes will be made. Mistakes are fixable issues — the experience these girls are receiving by being leaders is more important.
Olympic Game Descriptions

Obstacle Course — Hoffmaster Gym, Second Floor
This is what it sounds like. Girls must go through a series of obstacles and try to get to the ending as quickly as possible.

Sleeping Bag Roll-up — Hoffmaster Gym, Second Floor
- Daisy and Brownie Troops — Sleeping bags are rolled out. Each girl must climb into the bag (far enough to pull it up to her chin) and then give three fake snores. Then each girl must get back out and roll the sleeping bag up. (It doesn’t have to be tied.) As soon as one girl is finished, the next begins on a separate sleeping bag. This continues until all the girls have completed the station.
- Junior Troops — Follow the directions above, except the girls must tie the sleeping bags closed.
  Warning: If the sleeping bag is rolled up wrong, it must be re-rolled.

Balloon Waddle — Basketball Gym, Second Floor
- Daisy Troops — Divide the troop into two, with half of the troop on one side of the gym and the other half on the other side. At the referee’s whistle, one person picks up a balloon, places it between her legs and then waddles or hops with the balloon to the other side. Girls are allowed to use their hands to put the balloon back between their legs if it is falling. Once a girl reaches the other side, she will give the balloon to another member of their troop, who will then race — by waddling or hopping — to the opposite side of the gym as before. This continues until all girls have gone.
- Brownie Troops — Divide the troop into two, with half of the troop on one side of the gym and the other half on the other side. At the referee’s whistle, one person picks up a balloon, places it between her legs and then waddles or hops with the balloon to the other side. You cannot use your hands to keep the balloon between your legs. At the other side, however, girls can use their hands to give the balloon to another member of their troop, who will then race to the other side of the gym as before. This continues until all girls have gone. If a girl drops the balloon or touches the balloon to keep it from falling, she is given a 5 second penalty. If the balloon pops, the troop will receive a 30 second penalty and a new balloon.
- Junior Troops — Follow the directions above for Brownies, except the girls will go farther.

What a Ball — Basketball Gym, Second Floor
- Daisy and Brownie Troops — Using a Hip Hop, girls must jump to the cone and back to where they started, and then give the Hip Hop to the next girl in line, until all have gone across the gym and back.
- Junior Troops — Same as above, except girls go farther.

Paddle Challenge — Basketball Gym, Second Floor
- Daisy and Brownie Troops — Girls will form two-person teams to “paddle” their canoes — a scooter — across the “lake” using some very special paddles.
- Junior Troops — Same as above, but your lake is larger and has some rocks in the way that you must maneuver around.

Water Noodle Relay — Pool, First Floor
- Daisy and Brownie Troops — Girls can walk or swim across the William (shallow) pool using a noodle. Once they reach the end, they must give the noodle to a troop member who is waiting in the water. This continues until all girls have gone.
- Junior Troops — Same as above, except girls will be in the Rockwell (deep) pool and girls must get out of the pool before the next girl can jump in and start.
Certificate of Participation

This certificate is proof that ________________________________ of Girl Scout Troop _______ was an active participant in

Girl Scout Olympics,

held January 28, 2012, at the Oshkosh Downtown YMCA.

Date: January 28, 2012

Signed by: ________________________________

Girl Scout Troop 2092
# Score Card - What a Ball

## Daisy

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<th>Troop #</th>
<th># girls</th>
<th>Total Time</th>
<th>Avg. Time</th>
<th>Place</th>
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## Brownie

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# Score Card - Paddle Challenge

**Daisy**

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**Opening Ceremony: 10 minutes**
We will pick four volunteers — one to parade with U.S. Flag, one to parade with Girl Scout flag, one to parade with the Olympic flag and the other to hold the torch.

Procession of athletes: Bring a troop banner/sign/or troop flag. Girls should wear sash or vest for opening/closing ceremony. So bring a bag to keep the girls; sashes or vests.
Each group lines up in a circle around the Hoffmaster Gym, and each Troop is announced as everyone else applauds.

Announcers: Entire troop: You will announce each troop.

Once everyone has gone around the circle once, all of Troop 2092 will scream, “LET THE GAME BEGIN!” and the give last-minute instructions and answer questions.

**Note: Need Microphone system**

**Awards Ceremony: Held in the Basketball Gym**
Bridge with Olympic Sign before: 1\textsuperscript{st} place

Step Aerobics for second and third place

Start with Daisy, third, second, first, then over overall winners.

**Closing Ceremony: Basketball Gym**
Laney: Please join me in reciting The Girl Scout Promise:

*On my honor, I will try:*
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

*If we’re running OK on time, sing a Girl Scout Song (LaToosh... everyone knows that)*

Then Flag Ceremony: “Retire the Flags”:
Caller — Laney who is holding the torch

*Girls to carry flag to doorway*
Carry U.S. Flag – Ashley
Carry the GS Flag — Kendall
Carry the Olympic Flag — Theresa
Carry stands — Destiny, Laura and Cera
All girls say: Extinguish the torch: Laney turn it off
Laura and Theresa — Thank you people for coming, and remind them to turn in survey and pick up photos at the registration table on their way out.
Girl Scouts
2012 Olympics

Daisy Troop 2512 Schedule of Events

Before the games begin — Drop off coats, swimsuits and towels in the Boys or Girls Locker Room on the first floor. Coats can also be hung on hooks in the Hoffmaster Gym.

Head to the 2nd Floor Basketball Gym to get your Troop Picture taken. Be sure to bring your troop flag, banner or sign for your picture. You’ll also need that for the opening and closing ceremonies.

6:30 p.m. — Opening Ceremony begins in the Hoffmaster Gym. Troop flags, banners or signs can be put in a corner of the gym until needed again for the closing ceremonies.

About 6:45 p.m. – The Games Begin!
Please go through the six stations in the following order, which was determined by troop sizes and is meant to minimize waiting time. As soon as you finish one station, you can go to the next.

- Water Noodle Relay — Pool (Daisy and Brownie troops should go to the Williams, or shallow pool, for their competition. Juniors will go to the Rockwell, or deep, pool.) You’re welcome to play or swim in the pool while waiting for your turn to compete. And if your troop is somewhat speedy getting dressed, feel free to enjoy the pool a bit longer once you’re done competing.
- Obstacle Course — Hoffmaster Gym
- Sleeping Bag Relay — Hoffmaster Gym
- What A Ball — Basketball Gym
- Paddle Challenge — Basketball Gym
- Balloon Waddle — Basketball Gym

If a member of your troop does not want to participate in a particular event, she does not have to and your score will not be impacted. And while we encourage your troop to participate in all six events, if your troop decides to omit an activity, please let a referee know so we can plan accordingly.

If you finish early or have spare time, you are free to use the pool or Family Prime Time Center.

Pizza, cake and other refreshments will also be offered in the All Purpose Room in the basement beginning about 7:30 p.m.

8:45 p.m. — All Olympic events close so our judges can tally results.

9 p.m. — Awards Ceremony begins in the Basketball Gym, followed by the Closing Ceremony.

9:30 p.m. — Event ends.
Girl Scout Olympics Survey

On a scale of 1 to 10, with 1 being the worst and 10 being the best possible, how would you rate this event overall? _____

Do you have any suggestions for ways this event could have been improved?
____________________________________________________
____________________________________________________
____________________________________________________

What was your troop’s favorite part of the event?
____________________________________________________
____________________________________________________
____________________________________________________

What was your troop’s least favorite part?
____________________________________________________
____________________________________________________
____________________________________________________

Did you feel the Olympic events for your age group were easy, just right or too hard?
____________________________________________________
____________________________________________________

The events were creative and fun:
☐ ☐ ☐ ☐ ☐
I had enough time at each event:
☐ ☐ ☐ ☐ ☐
I would attend a similar event next year:
☐ ☐ ☐ ☐ ☐
The admission price was fair:
☐ ☐ ☐ ☐ ☐
I was able to participate in every event I wanted to:
☐ ☐ ☐ ☐ ☐
Nine troops (1 Daisy, 3 Brownie and 5 Junior) filled out the survey. The overall ratings went from a low of 8 to a high of 10. The average rating was 9.42.

As to how the event could be improved, they wrote:

- Microphone (3 said this)
- Bigger boppy balls (3 responses)
- More obstacles for the obstacle course
- Have bigger things for bigger people
- Do event earlier. Not have it end so late. Ran a little off schedule
- Have all the events completed before eating
- More events/activities – they were fun (2 responses)
- More swimming time (2 responses)
- More free time
- Have each event about same time length to complete to avoid backlogs (maybe make relay ½ the length)
- More running and harder events for older girls

Favorite parts of the events:

- Scooter paddle
- Obstacle course (4 responses)
- Obstacle course and swimming (4 responses)
- Obstacles course (girls); Sleeping Bag (leaders)

Least favorite parts:

- What a Ball (6 responses). Balls were too small for the taller girls.
- Balloon game
- Having to do an event in the pool in the middle of all events
- Ceremony was too long

Were the events easy, just right or too hard?

- Just right (4) Two Junior troops and 2 Brownie troops said this
- Too easy (3) One Brownie troop and 2 Junior troop said this
- Brownie troop: 50% said easy; 50% said just right

On a scale of 1-5, with 1 being Strongly Disagree and 5 being Strongly Agree, the troops said:

- The events were creative and fun? Average score: 4.44
- I had enough time at each event: Average score: 4.55, with one troop suggesting spend longer in the pool and do two activities there.
- I would attend a similar event next year: Average score: 4.44
- The admission price was fair: Average score: 3.55
- *I was able to participate in every event I wanted to:* Average score: 4.22, with a Daisy troop writing they ran out of time to do the obstacle course. A Brownie troop also rated this as a 1.